MEMBERS OF THE BOARD
Alejandro Arredondo, OD, President
Monica Johnson, JD, Vice President
Alexander Kim, MBA, Secretary
Donna Burke
Madhu Chawla, OD
Fred Dubick, OD, MBA, FAAO
Glenn Kawaguchi, OD
William Kysella, Jr.
Kenneth Lawenda, OD

PRACTICE AND EDUCATION
COMMITTEE MEMBERS
Madhu Chawla, O.D. - Chair
Alejandro Arredondo, OD, President
Fred Dubick, OD, MBA, FAAO

COMMITTEE MEETING AGENDA
Friday, July 12, 2013
10:00 a.m.
(untiI conclusion of business)

Location 1
California State Board of Optometry
2450 Del Paso Rd., Suite 105
Sacramento, CA 95842

And
Via Telephone at the Following Locations:
16461 Ventura Blvd. 4349 E. Slauson Ave.,
Encino, CA 91436  Maywood, Ca. 90270

ORDER OF ITEMS SUBJECT TO CHANGE
1. Call to Order – Roll Call of Committee Members
2. Discussion and Possible Action Pertaining to Worksite Monitor Guidelines
3. Discussion and Possible Action Pertaining to Information for Closing Down Optometric Practice
4. Update on Expert Witness Recruitment
5. Public Comment for Items Not on the Agenda
   Note: The Committee may not discuss or take action on any matter raised during this public comment section, except to decide whether to place the matter on the agenda of a future meeting [Government Code Sections 11125, 11125.7(a)]
6. Suggestions for Future Agenda Items
7. Adjournment

The Board of Optometry’s mission is to serve the public and optometrists by promoting and enforcing laws and regulations which protect the health and safety of California’s consumers and to ensure high quality care.

PUBLIC COMMENTS: Public comments will be taken on agenda items at the time the specific item is raised. Time limitations will be determined by the Chairperson. The Board may take action on any item listed on the agenda, unless listed as informational only. Agenda items may be taken out of order to accommodate speakers and to maintain a quorum.

NOTICE: The meeting is accessible to the physically disabled. A person who needs a disability-related accommodation or modification in order to participate in the meeting may make a request by contacting Krista Eklund at (916) 575-7170 or sending a written request to that person at the California State Board of Optometry, 2450 Del Paso Road, Suite 105, Sacramento, CA 95834. Providing your request at least five (5) business days before the meeting will help ensure availability of the requested accommodation. 2450 Del Paso Road, Suite 105 | Sacramento, CA 95834 | (916) 575-7170 | Fax: (916) 263-2387 | www.optometry.ca.gov
Dr. Madhu Chawla, O.D., Committee Chair, will call the meeting to order and call roll.

Committee Members:

  Madhu Chawla, O.D., Committee Chair, Professional Member

  Alejandro Arredondo, O.D., Board President, Professional Member

  Fred Dubick, O.D., MBA, FAAO, Professional Member
As previously discussed, part of the “Worksite Monitor” condition in the Board’s new Disciplinary Guidelines (for non-substance abusing licensees) requires the Board to propose a worksite monitoring plan. The worksite monitor can either agree with the proposed plan or submit a revised worksite monitoring plan for Board approval.

During the March 8, 2013 Practice and Education Committee meeting, the committee members provided guidance on preparing the first draft of the Board’s Proposed Monitoring Plan (Plan). This Plan (attached) was drafted using the previous Probation Monitoring Guidelines, comments from the last committee meeting and documents from the Medical Board.

The Plan outlines the protocols for monitoring the optometrist’s worksite which includes site visits and worksite monitor reports. In addition, the Plan provides requirements that may be applied depending on the violation cited in the Decision.

**Requested Action:** Review the attached plan and provide feedback for the final draft to be presented at the next Board meeting.
This Monitoring Plan (Plan) outlines the written protocols for monitoring the optometrist’s Worksite. The Plan details the expectations for visiting the optometrist’s practice, randomly selecting and reviewing charts (if applicable), and reporting findings to the Probation Monitor.

If this Plan is accepted, the Worksite Monitor shall sign the Worksite Monitor Agreement.

Initial and Subsequent Site Visits:

Prior to the initial site visit, the Monitor should review the Board’s Accusation and Disciplinary Decision, Worksite Monitor’s Roles and Responsibilities, and sign the Worksite Monitor Agreement. In addition, the Monitor should review the “Worksite Monitor Pre-Visit Information” form that was completed by the optometrist.

The Monitor will make an initial site audit at the beginning of the monitoring program and on an annual basis thereafter during the normal business hours (unless otherwise indicated below). The initial site audit involves an inspection of the optometrist’s place of practice. After the initial site audit has been concluded, the Monitor will prepare a summary report of their findings and submit to the Board’s Probation Monitor.

Subsequent visits to the optometrist’s practice location will be made for the purpose of randomly selecting and reviewing charts, inspecting the sanitation and orderliness of the office, and/or meeting with the optometrist to discuss cases or other practice related issues. For infection control related issues, the Monitor will conduct six site visits during the first six months, three of which shall be unannounced. Thereafter, the monitor will conduct a minimum of four site visits every twelve months until the end of probation. For all other practice related issues, the Monitor shall conduct a minimum of twelve visits (each visit lasting up to a full day) per year for the entire term of probation.

If the optometrist has more than one practice location, the Monitor will make an initial site audit at each practice and make subsequent visits to each location.

The Monitor shall use the Site Evaluation Sheet when conducting each site visit.

Monitor Reports

The Monitor will submit a written report once each quarter to the Board’s Probation Monitor summarizing the monthly site visits (using the site evaluation sheet) and review of patient records (if applicable). The reports shall be written on the Monitor’s letterhead and bear the original signature of the Monitor.

The reports from the Monitor must contain at a minimum, the following:

1. the Respondent’s name;
2. license number;
3. worksite monitor’s name and signature;
4. worksite monitor’s license number;
5. worksite location(s);
6. dates Respondent had face-to-face contact or correspondence (written and verbal) with monitor;
7. staff interviewed, if applicable;
8. attendance report;
9. any change in behavior and/or personal habits;
10. assessment of the Respondent’s ability to practice safely;
11. recommendation dependant on Respondent’s performance on whether to continue with current worksite monitor plan or modify the plan;
12. other relevant information deemed necessary by the worksite monitor or the Board.

In addition, the reports shall describe any identified problems or deficiencies in the quality of patient care, medical record keeping, billing practices, or other practice related issues.

The Monitor reports are due to the Board’s Probation Monitor within 7 calendar days after the end of the preceding quarter. The quarterly reporting periods and due dates are as follows:

<table>
<thead>
<tr>
<th>Reporting Time Period</th>
<th>Due No Later Than</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 1 to March 31 (Quarter I)</td>
<td>April 7th</td>
</tr>
<tr>
<td>April 1 to June 30 (Quarter II)</td>
<td>July 7th</td>
</tr>
<tr>
<td>July 1 to September 30 (Quarter III)</td>
<td>October 7th</td>
</tr>
<tr>
<td>October 1 to December 31 (Quarter IV)</td>
<td>January 7th</td>
</tr>
</tbody>
</table>

Additional Plan Requirements (If indicated):

- **Infection Control**
  In addition to the Site Visit Evaluation sheet, the Monitor shall use the Infection Control Guidelines Checklist provided by the Board during each site visit.

- **Staff Interview**
  The Monitor shall interview staff to determine what services are offered in the office and/or how patient referrals are being handled. The Monitor may re-interview staff at any site visit.

- **Patient Record Review**
  - Professional Services – Competency Chart Review
  - Billing Chart Review

The Monitor shall review a minimum of 10% of the optometrist’s patient records or 15 records (whichever is greater) at a minimum of twelve times per year. The Monitor will determine the method of random chart selection. This responsibility shall not be delegated to either the optometrist or the optometrist’s staff. The random selection of charts should include charts that correlate to the patient care issues or other issues identified in the Board’s Accusation and Decision which resulted in the optometrist being placed on probation. The optometrist is required to make all charts available for immediate inspection and copying by the Monitor at all times during business hours. The Monitor will immediately notify the Board’s Probation Monitor if the optometrist fails or refuses to make the records available for inspection and/or copying.

If the optometrist is required to maintain patient records of all lens prescriptions dispensed or administered to patients, the Monitor will compare the patient records being audited to the entries in the log to ensure that all lens prescriptions are in the file, the optometrist conducted a comprehensive examination prior to prescribing and dispensing the lenses, and the visual impairment was medically indicated.

---
1 The Patient Record Review does not need to be completed during office hours.
If the optometrist was placed on probation due, in part, to the optometrist failing to release the prescription to the patient when required, the Monitor shall look for verification that each patient received their prescription.

☐ **Patient Examination Evaluation**
During the site visits, the Monitor shall observe all patients examinations during that day. The Monitor shall use the Patient Examination Evaluation Checklist provided by the Board. After the examinations, the Monitor shall review the patient records to ensure the examination was adequately and accurately documented.

If the Monitor observes the optometrist providing services beyond the scope of the optometrist’s license, the Monitor shall instruct the optometrist to stop and inform the Board in writing within 24 hours from the time of occurrence.

☐ **Mental or Physical Evaluation**
During the site visits, the Monitor shall observe the optometrist for possible mental or physical impairments. Of the minimum 12 visits per year, half of the visits shall be unannounced.

**Attachments to this Plan**
1. Worksite Monitor Roles and Responsibilities
2. Worksite Monitor Agreement
3. Worksite Monitor Pre-Visit Information
4. Worksite Monitor Site Visit Evaluation Sheet
5. Infection Control Guidelines Checklist
6. Professional Services – Competency Chart Review
7. Billing Chart Review
8. Patient Examination Evaluation Checklist
Worksite Monitor Roles and Responsibilities

Roles

The role of the Worksite Monitor (Monitor) is to ensure, to the extent possible, that the optometrist on probation will conduct his/her practice with safety to the public and in a competent manner. The Monitor is responsible for reporting to the Board any identified problems or deficiencies in the quality of the optometrist’s patient care, billing practices, medical record keeping, and/or professional conduct. The Monitor also fulfills the role of an educator and advisor to the optometrist, with the goal of assisting the optometrist to improve clinical skills and gain insight into practices that led to the disciplinary action, so that learning and rehabilitation will occur.

Monitors are expected to render fair, objective, reliable, and unbiased reports to the Board’s Probation Monitor. In order to do this, the Monitor cannot have any prior or current business, personal, or other relationship with the optometrist on probation.

The Monitor conducts an initial site audit with subsequent audits annually; if required, chart files are reviewed on a monthly basis at the optometrist’s place of practice(s). A summary report is prepared quarterly and sent to the Board’s Probation Monitor.

The Monitor will be required to: 1) complete an Agreement with the Board; 2) review the Pre-visit Information Sheet; 3) conduct an initial site audit with annual audits thereafter; 4) conduct chart reviews (if required) once a month; and 5) prepare quarterly reports.

Responsibilities

The Monitor’s responsibilities include:

1. Reviewing all background information including the Accusation and Decision pertaining to the optometrist on probation.
2. Monitoring the optometrist for his/her entire probation period (unless otherwise stated in the Order) according to the Board’s requirements.
3. Adhering to all HIPPA regulations and guidelines with respect to patient privacy.
4. Working together with the optometrist to ensure the Monitoring Plan is being followed as outlined.
5. Telephoning the optometrist as needed to discuss the results or concerns from the monthly chart reviews (if applicable).
6. Completing and providing written quarterly reports to the Board’s Probation Monitor in accordance to the Monitoring Plan.
7. Communicating regularly with the Board regarding the optometrist’s progression and any concerns he/she may have.
I, _______________, O.D. /OMD, agree to serve as a worksite monitor for ___________, O.D.

1. I have received, reviewed, and understand the materials provided to me describing the worksite monitor roles and responsibilities. Any questions regarding my obligations as a worksite monitor have been discussed with and fully addressed by the California State Board of Optometry (Board) Probation Monitor. I clearly understand the role of a Monitor and what is expected of me.

2. I have received and have read a copy of the Board’s Accusation and Decision filed against Dr. _______________, O.D. The Board charged Dr. _______________, O.D. with (insert violation cited such as gross negligence or repeated negligent acts or incompetence, etc.) because he/she failed to (insert explanation from the summary paragraphs which describe the omission or departure.)

   OR (to be used with Proposed Decisions)

2. I have received and have read a copy of the Board’s Accusation and Decision filed against Dr. _______________, O.D. The Board found Dr. ____________, O.D. was (insert violation(s) the ALJ identified as ones confirmed or proven such as gross negligence or repeated negligent acts or incompetence, etc.) because he/she failed to (insert explanation/findings that were proven or confirmed during the hearing – DO NOT INCLUDE THOSE FINDINGS OR VIOLATIONS THAT WERE NOT PROVEN.)

3. (If applicable) I understand that, as the approved worksite monitor, I am required to randomly select patient charts on a monthly basis for review. I understand that I must review a minimum of 10% of the optometrist’s patient records or 15 records (whichever is greater) at a minimum of twelve times per year.

4. Should Dr. _______________’s optometric practice change in either the location(s) or the volume of patients being seen, this agreement may be amended. If I believe an amendment is indicated, I can submit a proposed revision to the Board’s Probation Monitor for approval. I do understand that any changes to the Monitoring Plan must be approved by the Board.

5. I agree to conduct an initial site audit at Dr. ___________’s place of practice and subsequent site audits annually. I understand that if Dr. ______________ has multiple locations, I am to conduct a site audit at each location. I will prepare a written report to the Board’s Probation Monitor of my findings.

6. I agree to submit written reports quarterly to the Board’s Probation Monitor regarding my review of Dr. _______________’s practice. I understand that the failure to submit quarterly reports in a timely manner may result in the Dr. ____________ being charged with a violation of probation.

7. I have no prior or current business, personal or other relationship with Dr. ___________ that could reasonably be expected to compromise my ability to render fair and unbiased reports to the Board.

8. I understand that Dr. ____________, O.D. is responsible for all costs associated with the monitoring of his/her practice, and that these costs are not set by the Board. I am not being compensated for my services by any form of bartering arrangement.
| 9. | If I am no longer able or willing to continue to monitor Dr. __________,'s practice, I agree to **immediately** notify both Dr. __________ and the Board's Probation Monitor by telephone at (916) 575-7184 and submit a written explanation by email or regular mail within 5 business days. |
| 10. | If I am unable to contact or meet with Dr. __________, O.D. in order to fulfill my obligations as a worksite monitor, I will notify the Board’s Probation Monitor at (916) 575-7184 within two weeks of my failed attempts to contact Dr. __________ O.D. |
| 11. | I have reviewed the Monitoring Plan and agree to monitor Dr. __________, O.D. as specified. |

I understand that my reports will be available for inspection and review by the Board staff or the Attorney General’s Office at any time. I agree that my report and findings shall not be privileged in any way to these agencies and/or their designees.

I declare under penalty of perjury under the laws of the State of California that the forgoing is true and correct.

Executed on ______________, 20__.  

__________________________  
Monitor (Print Name)  

__________________________  
Signature
Worksite Monitor Pre-Visit Information  
(To be completed by Probationer)

Instructions: Please complete all sections below. If you have more than one practice location, please submit a separate form for each location. If you change your practice location, you must submit a new form.

## Name

List name exactly as it appears on your current license/registration.

<table>
<thead>
<tr>
<th>Last</th>
<th>Middle I.</th>
<th>First</th>
</tr>
</thead>
</table>

## Practice Address

<table>
<thead>
<tr>
<th>Number</th>
<th>Street</th>
<th>State</th>
</tr>
</thead>
</table>

## Home Phone Number

<table>
<thead>
<tr>
<th>Mobile Phone Number</th>
</tr>
</thead>
</table>

## Business Name

<table>
<thead>
<tr>
<th>Office Phone Number</th>
</tr>
</thead>
</table>

## Email Address

## Office Hours

<table>
<thead>
<tr>
<th>Monday</th>
<th>-</th>
<th>Friday</th>
<th>-</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>-</td>
<td>Saturday</td>
<td>-</td>
</tr>
<tr>
<td>Wednesday</td>
<td>-</td>
<td>Sunday</td>
<td>-</td>
</tr>
<tr>
<td>Thursday</td>
<td>-</td>
<td>Number of Hours Present at this location:</td>
<td></td>
</tr>
</tbody>
</table>

## Patient Volume

Average number of patients seen per month:

## Office Staff

Number of Optometrists in the practice: ________ ________ ________

License No: ________ ________ ________

Number of Assistants in the practice: ________

Number of other support staff: ________

Do you instruct office personnel on:

- Communicating with patients? □ Yes □ No
- Cleaning and sterilization? □ Yes □ No
- Patient billing and coding? □ Yes □ No

## Practice Policies

What procedure is employed in your practice for handling patient referrals to appropriate physicians?

What procedure is employed in your practice for ensuring the patient receives his/her prescription(s)?

How are patients’ records stored?

Do you prescribe codeine with compounds and/or hydrocodone with compounds? □ Yes □ No

If yes, what is your DEA #?
**Preferred Times for Site Visits**

Site Visits will be conducted by the Worksite Monitor. The Monitor may be in your office for a minimum of four hours per visit. Please indicate three options for your preferred time(s) for the site visits (some visits may be unannounced).

<table>
<thead>
<tr>
<th>Day</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wednesday</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thursday</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Friday</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Saturday</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sunday</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Worksite Monitor Site Visit Evaluation Sheet

<table>
<thead>
<tr>
<th>Date:</th>
<th>Site Visit Date:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Probationer Name:</td>
<td>Length of Site Visit:</td>
</tr>
<tr>
<td>Practice Site Location:</td>
<td></td>
</tr>
</tbody>
</table>

**Practice Assessment and Evaluation**

Observe the following areas and provide an assessment on:
- General practice/office hygiene and organization
- Waiting room/area
- Exam rooms
- Office policies
- Office safety
- Business office area
- Patient education materials
- Method used for scheduling patient appointments
- Average time allowed in schedule for (a) new patients, (b) return/follow-up visits, and (c) complete examination

**Practice Structure**

Assess the following areas of practice and provide a summary of how each are handled:
- Telephone, fax, or email (if applicable) messages
- Maintaining security/confidentiality of medical data
- Ensuring messages are routed to optometrist timely
- Communication with other optometrists, ophthalmologists, or other physicians
- Method for documenting patient referrals
- Method of ensuring referrals are completed timely
- Emergency and urgent messages

**Maintenance of Medical Records**

Observe and provide a description of the following:
- The method used for charting/medical record keeping
- Storage of data electronically or through the use of an electronic health record
- The system on how records are stored or filed
- How long medical records are stored
- Identification of records to ensure attention to drug allergies or other major medical concern

**License and Notice Posting**

Describe where each license/notice is posted in the office (if applicable):
- Optometrist License & renewal indication
- Branch Office License
- Statement of Licensure
- Fictitious Name Permit
- Consumer Notice

**Ophthalmic Equipment**

Observe and provide an assessment on the following equipment:
- Retinoscope
- Keratometer/ophthalmometer or equivalent
- Ophthalmoscope
- Tonometer
- Biomicroscope
- Phoroptor
- Tangent screen or perimeter
- Other appropriate equipment necessary

**Prescriptions**

Verify the following information is on Rx pad:
- Provider’s name, address, telephone number, license number, and signature
- Issue and expiration date
- Patient’s name
These guidelines are pursuant to California Code of Regulations, §1520. The Worksite Monitor is directed to go through each section and verify the optometrist on probation and the staff, which includes assistants, are complying with all the applicable Standard Precautions.

Standard Precautions combine the major features of Universal Precautions and Body Substance Isolation and are based on the principle that all blood, body fluids, secretions, excretions (except sweat), non-intact skin, and mucus membranes may contain transmissible infectious agents. All contact with these substances is treated as if known to be infectious for Human Immunodeficiency Virus (HIV), Hepatitis, and other transmissible infectious agents. Standard Precautions are also intended to protect patients by ensuring that optometric staff do not carry infectious agents to patients on their hands or via equipment used when providing optometric services. Standard Precautions must be used in the care of all patients, regardless of suspected or confirmed infection status, and in all settings wherein optometric services are provided. Standard Precautions include:

<table>
<thead>
<tr>
<th>Proper Hand Hygiene</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Hand Washing Facility</strong></td>
</tr>
<tr>
<td>The office has a hand washing facility that is entirely within the confines of the premises or space occupied by the office and not elsewhere, and is for the exclusive use of the optometrist or optometrists practicing in the office and his/her or their assistants and patients and is not be used by other persons.</td>
</tr>
<tr>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>The hand washing facility, at a minimum, has the following:</td>
</tr>
<tr>
<td>A wash basin or sink with hot and cold running water which complies with Title24, California Administrative Code, Part 5 (commencing with Section P100).</td>
</tr>
<tr>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>Liquid hand washing detergent in a dispensing device.</td>
</tr>
<tr>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>Single service sanitary towels in a dispensing device or a sanitary hot-air blower hand drying apparatus.</td>
</tr>
<tr>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>The hand washing facilities is maintained in a condition of cleanliness and good repair.</td>
</tr>
<tr>
<td>□ YES □ NO</td>
</tr>
<tr>
<td><strong>Hand Hygiene</strong></td>
</tr>
<tr>
<td>The optometrists and staff maintain at all times a high standard of cleanliness and personal hygiene in order to ensure proper patient care.</td>
</tr>
<tr>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>The optometrists and staff avoid unnecessary touching of face, nose, and surfaces in close proximity to the patient to prevent both contamination of clean hands from environmental surfaces and transmission of pathogens from contaminated hands to surfaces, when providing optometric services.</td>
</tr>
<tr>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>When hands are visibly soiled, hands are washed with soap and water for a 20-second scrub and 10-second rinse or an antimicrobial hand wash. If hands are not visibly soiled, an acceptable alternative of hand decontamination is with an alcohol-based hand rub (except in cases of spores, as described below).</td>
</tr>
<tr>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>Hands are washed or decontaminated as follows:</td>
</tr>
<tr>
<td>Before having direct contact with any patient, immediately after a procedure (such as eye examinations or other procedures involving contact with tears), and in between patients.</td>
</tr>
<tr>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>After removing gloves, ensure that hands will not carry potential infectious material that might have penetrated through unrecognized cuts or lacerations in the gloves, or that could contaminate the hands during glove removal.</td>
</tr>
<tr>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>Artificial fingernails or extenders are not worn when duties include direct contact with patients at high risk for infection and associated adverse outcomes.</td>
</tr>
<tr>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>After each patient session ends, hands are washed with soap and water or an antimicrobial hand wash if contact with spores (including but not limited to C.difficile or Bacillus anthracis) is likely to have occurred. The physical action of washing and rinsing hands in such circumstances is required because alcohols, chlorhexidine, iodophors, and other antiseptic agents have poor activity against spores.</td>
</tr>
<tr>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>If an optometrist or staff member has exudative lesions or weeping dermatitis of the hand, direct patient care and the handling of patient care equipment by the person with the condition is stopped until the condition resolves.</td>
</tr>
<tr>
<td>□ YES □ NO</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Use of Personal Protective Equipment</th>
</tr>
</thead>
</table>

10
The optometrists and staff routinely use gloves to prevent skin exposure when anticipating direct contact with blood or body fluids, mucous membranes, nonintact skin, and other potentially infectious material or surfaces soiled with such fluids. □ YES □ NO

The optometrists and staff discard gloves after contact with each patient to prevent transmission of infectious material. □ YES □ NO

The optometrists and staff change gloves if patient interaction involves touching portable computer keyboards or other mobile equipment that is transported from room to room. □ YES □ NO

The optometrists and staff do not reuse gloves. □ YES □ NO

The optometrists and staff wear masks, gloves and protective eye wear in situations where blood, respiratory secretions, or contaminated fluids may be sprayed or splashed into the eyes of an optometrist or staff member. □ YES □ NO

The optometrists and staff wear masks, gloves and protective eye wear when the optometrist, staff or patient is known or suspected to have a pathogen, which can be transmitted by airborne, contact or droplet routes. □ YES □ NO

If an optometrist or staff member is infected with a pulmonary or other disease that is transmitted by airborne, contact or droplet routes, then that optometrist or staff member wears a mask, gloves and protective eyewear to protect the patient. □ YES □ NO

Protective eyewear is washed and disinfected between each patient or when visibly soiled. □ YES □ NO

### Handling of Sharp Instruments

Precautions are taken in order to prevent injuries caused by needles, scalpels, and other sharp instruments or devices when:
- Performing procedures, including but not limited to venipuncture □ YES □ NO
- Cleaning used instruments □ YES □ NO
- Disposing of used needles □ YES □ NO
- Handling sharp instruments after procedures □ YES □ NO

To prevent needle stick injuries, optometrists and staff are instructed in the proper handling of needles, including but not limited to when needles must not be recapped, or purposely bent or broken by hand, removed from disposable syringes, or otherwise manipulated by hand. □ YES □ NO

Optometrists and staff are instructed to place disposable syringes and needles, scalpel blades and other sharp items in puncture resistant containers following their use. Puncture resistant containers shall be provided and shall be located as close as practical to the area where needles and syringes are in use. □ YES □ NO

Pursuant to Cal/OSHA’s Bloodborne Pathogens Standard, Title 8, Cal. Code Regs., Section 5193, employers governed by this rule establish, maintain, review and update at least annually and whenever necessary their Exposure Control Plan to reflect changes in technology that eliminate or reduce exposure to bloodborne pathogens, and establish and maintain a Sharps Injury Log. This rule applies to all employers with employees who have occupational exposure to blood or other potentially infectious materials. □ YES □ NO

Optometrists and staff shall adhere to all federal and state requirements for handling of sharp instruments (including but not limited to the Medical Waste Management Act, California Health and Safety Code sections 117600-118360). □ YES □ NO

### Disinfection Requirements

Germicides and/or disinfectants are used in order to eliminate most of all pathogenic microorganisms from inanimate objects, such as medical devices or equipment. Optional: If there are questions on how to disinfect a particular medical device, the office may contact the manufacturer of the product. □ YES □ NO

Contact lenses and carrying cases used in trial and follow-up fittings are handled in the following manner:
- Trial contact lenses are discarded (inapplicable to rigid gas permeable and non-disposable hydrogel trial contact lenses). □ YES □ NO
- Disinfecting between each fitting is done by one of the following regimens: U.S. Food and Drug Administration (FDA) approved chemical disinfection system appropriate for the contact lens type. □ YES □ NO
<table>
<thead>
<tr>
<th>Heat disinfection.</th>
<th>□ YES □ NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>When using eye drops, optometrists and assistants do not permit the bottle tip to come into direct contact with the patient's tears or conjunctiva. If the tip touches the patient, the bottle is discarded.</td>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>Optometrists and staff follow employer-established policies and procedures for routine and targeted cleaning of environmental surfaces as indicated by the service-delivery setting, the level of patient contact, and degree of soiling.</td>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>Optometrists and staff clean and disinfect surfaces that are likely to be contaminated with pathogens, especially those in close proximity to the patient and frequently touched surfaces in the patient care environment.</td>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>Optometrists and staff comply with all minimum standards for infection control practices issued by local, state, and federal governmental agencies in response to emergency health and safety situations.</td>
<td>□ YES □ NO</td>
</tr>
<tr>
<td><strong>PROFESSIONAL COMPETENCY CHART REVIEW</strong></td>
<td>RECORD #</td>
</tr>
<tr>
<td>----------------------------------------</td>
<td>----------</td>
</tr>
</tbody>
</table>

| **Patient Age** |          |
| **MEDICAL HISTORY FORM** |          |
| Collected |          |

| **EXAMINATION RECORD** |          |
| **Case History** |          |
| Chief Complaint |          |
| Ocular Health History |          |
| General Health History |          |

| **Objective** |          |
| Entering VA |          |
| Manifest Refraction |          |
| Best Corrected VA |          |
| Ocular Motility |          |
| Binocular Test |          |
| Pupil Reactions |          |
| Ophthalmoscopy |          |
| Slit Lamp Biomicroscopy |          |
| Tonometry |          |
| Visual Fields |          |

| **Assessment** |          |
| Diagnosis |          |

| **Plan** |          |
| Treatment |          |

| **Chart Notes** |          |
| Legible |          |
| Examiner Identification |          |

<p>| <strong>Continuity of Care</strong> |          |
| Specialist Referral Indicated? |          |
| Appropriate Referral made? |          |</p>
<table>
<thead>
<tr>
<th>BILLING CHART REVIEW</th>
</tr>
</thead>
<tbody>
<tr>
<td>RECORD #</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>--------------------</td>
</tr>
</tbody>
</table>

**EXAMINATION RECORD**
- Legible
- No visible whiteout or erasers

**INVOICE**
- Services match medical record

**Billing**
- Correct Coding
- Correct Service Date

**Materials**
- Billed for correct materials
- Patient received materials
- Lab records match billed materials
# Patient Examination Evaluation Checklist

## Case History

<table>
<thead>
<tr>
<th>The patient’s ocular and visual health history is discussed</th>
<th>□ YES □ NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>The patient’s general health status (e.g., medications or existing chronic or acute conditions) is discussed</td>
<td>□ YES □ NO</td>
</tr>
</tbody>
</table>

## Examination

| Examination focuses on the problem or complaint presented by the patient | □ YES □ NO |

**Refractive status was captured by doing the following:**
- □ Monocular entering visual acuity with habitual correction.
- □ Manifest or Subjective Refraction.
- □ Monocular Best Corrected Visual Acuities (BCVA).

**Binocular Status was captured by doing the following:**
- □ Cover test (objective)
- □ Phorias and/or fixation
- □ Near Point of Convergence, (NPC)
- □ Stereopsis
- □ Fusional ranges and vergence testing
- □ Level/grade of binocularity
- □ Fixation disparity (subjective)
- □ Prism reflex test
- □ Hirshberg/Angle Kappa

## Ocular health status was captured by doing the following:
- □ Direct and/or indirect ophthalmoscopy (Please complete Dilated Fundus Examinations)
- □ Neurological integrity – pupillary reflexes and extraocular muscle (motility) evaluations
- □ External examination/biomicroscopy
- □ Intraocular pressure/tonometry
- □ Visual fields screening:
  - □ Included four quadrant gross confrontation visual fields (Please see Detailed Quantitative Threshold Visual Fields)

## Diagnosis and Treatment Plan

<table>
<thead>
<tr>
<th>Communicated diagnosis with patient</th>
<th>□ YES □ NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Explained treatment plan to patient</td>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>If medications were prescribed, the patient was told the strength, dosage, quantity and instructions for use.</td>
<td>□ YES □ NO</td>
</tr>
<tr>
<td>If medically indicated, patient received proper referral timely. Conditions for referral may include: vision loss, ocular discomfort or pain, double vision, diplopia, swollen lids, red eyes, ocular foreign body sensation, flashes or floaters, pain in or around eyes, etc.</td>
<td>□ YES □ NO</td>
</tr>
</tbody>
</table>

## Dilated Fundus Examinations

Dilated Fundus examinations (DFEs) are required when certain signs, symptoms or pre-existing systemic and ocular conditions are present. Community standards require DFE for the following conditions:
- Diabetes mellitus
- High myopia
- Transient or sudden loss of vision
- Flashes and/or floaters
- Individuals of 60 years old or greater
- Any instance deemed necessary within professionally recognized standard of care

Optometrists who are not certified and authorized to use Diagnostic Pharmaceutical Agents (DPAs) are required to coordinate the referral of the patient to an optometrist or an ophthalmologist that is qualified to use DPAs.
**Quantitative Threshold Visual Fields**

Quantitative Threshold Visual Fields are required when certain signs, symptoms or pre-existing systemic conditions are present. The following conditions require quantitative threshold visual fields:

- Elevated intra-ocular pressure
- Asymmetric intra-ocular pressure (>4 mm Hg) between eyes
- Enlarged or asymmetric cup-to-disc ratio
- Positive findings found in gross visual field screening
- Any instance deemed necessary within professionally recognized standards of care

Optometrists who do not possess the necessary equipment to perform quantitative threshold visual fields are required to coordinate the referral of the patient to an optometrist or an ophthalmologist that possesses the necessary equipment to conduct such a test.
To: Practice and Education Committee Members

From: Jessica Sieferman
Enforcement Lead

Date: July 12, 2013

Subject: Agenda Item 3. Discussion and Possible Action Pertaining to Standards for Closing an Optometric Practice

As discussed during the March 8, 2013 meeting, the Board of Optometry’s (Board) Enforcement Program has seen an increase in consumer complaints regarding optometrists closing their practice without any form of patient notification. In some cases, patients were in the middle of treatment when practices were closed, and the patients never received any form of notification. This is considered patient abandonment.

In addition, the Board’s Enforcement Program has received an increase number of phone calls from families of optometrists who have passed away and requested guidance on who can help facilitate patient care and record transfer.

The committee members provided guidance in drafting language similar to the Medical Board’s recommendations. The committee members did not believe new legislation was required, as the Enforcement Program has successfully taken action against optometrists who have abandoned their practice. The committee members did believe additional guidance should be provided to families of deceased optometrists.

Therefore, the attached draft language includes language similar to the Medical Board’s recommendations as well as guidance to families. These recommendations, if approved by the Board, will be posted on the Board’s website and may be used in future outreach events.

**Requested Action:** After reviewing the attached draft, please provide feedback and approval for final language to be presented at the next Board Meeting.
Closing Your Optometric Practice
The following provides guidance to optometrists regarding the closure of or departure from an optometric practice.

It is the Board’s position that due care should be exercised when closing or departing from an optometric practice, whether it is temporary or permanent. Not only does this ensure a smooth transition from the current optometrist to the new optometrist, but it also reduces the liability of “patient abandonment.” Therefore, to ensure this occurs with a minimum of disruption in continuity of care, the optometrist terminating the optometrist-patient relationship should notify patients sufficiently in advance.

It is the patient’s decision from whom to receive optometric care. Therefore, it is the responsibility of all optometrists and other parties who may be involved to ensure that:

- Patients are notified of changes in the optometric practice. This is best done from a letter to patients by the optometrist explaining the change, including the final date of practice. The Board recommends, if possible, that letters be sent by certified mail, return receipt requested, and that a copy of the letter with the return receipt be kept by the optometrist. To inform inactive patients or those who have moved away, the board also recommends placing an advertisement in a local newspaper.

- Patients are advised as to where their medical records will be stored including how they may access them. To facilitate the transfer of medical records to the new optometrist, an authorization form should be included in the letter.

- Patients secure another optometrist. If the practice is being taken over by another optometrist or another can be recommended, the patients can be referred to that optometrist.

In addition, if the practice is being sold and the fictitious name permit is being transferred to the new owner, the acquisition of the ownership should include the active patient records and prescription files of the practice (BPC Section 1518).

Abrupt Closure Due to Death
In the unfortunate event that an optometrist dies, the Board recommends that the family of the deceased, or their representative, contacts other optometrists in the area or the local optometric society to facilitate patient record transfers.

It is recommended that any optometrist receiving records from a deceased optometrist’s practice send notification to the patients to ensure continuity of care.
During the March 8, 2013 Committee Meeting, the members discussed criteria for expert witnesses and methods in which to recruit said experts.

The members sought clarification on the Board’s ability to pay experts at a rate more comparative to the private industry. However, due to budget constraints, the Board is unable to pay the experts any more than what is currently being offered.

With that said, Board staff is processing contracts for five additional enforcement experts. These experts will be sent cases based on their professional knowledge and experience in specific practice areas such as vision therapy, pediatrics, contact lenses, billing, glaucoma, standard of care, etc.
The Committee may not discuss or take action on any matter raised during this public comment section, except to decide whether to place the matter on the agenda of a future meeting [Government Code Sections 11125, 11125.7(a)].
To: Practice and Education Committee Members  
From: Madhu Chawla O.D.  
Committee Chair  

Date: July 12, 2013  
Telephone: (916) 575-7170

Subject: Agenda Item 6 – Suggestions for Future Agenda Items

Members of the Committee and the public may suggest items for staff research and discussion at future meetings.
Adjournment