

The mission of the California State Board of Optometry is to protect the health and safety of California consumers through licensing, registration, education, and regulation of the practice of Optometry and Opticianry.

MEMBERS OF THE BOARD

Jeffrey Garcia, O.D., President
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MEMBERS OF THE COMMITTEE

Lillian Wang, O.D., Chair
Stacy Bragg, O.D.
Joseph A. Pruitt, O.D.

**PRACTICE AND EDUCATION COMMITTEE
TELECONFERENCE MEETING AGENDA**

Friday, February 13, 2026

Time: 12:00 to 1:00 p.m. or close of business

Public WebEx Link:

[Click Here to Join the Meeting](#)

If joining using the link above

Webinar number: 2496 831 8886

Webinar password: CSBO213

If joining by phone

+1-415-655-0001 US Toll

Access code: 2496 831 8886

Passcode: 2726213

PHYSICAL LOCATION:

**California State Board of Optometry
2450 Del Paso Road, Suite 105
Sacramento, CA 95834**

The California State Board of Optometry (CSBO) will hold a public meeting at 12:00 p.m. on Friday, February 13, 2026. Members of the public may attend the meeting either in-person at the physical location listed above or via the Webex platform. Member Wang, Member Bragg, and Member Pruitt will remotely participate in the meeting via the Webex platform, pursuant to Government Code, section 11123.5. A CSBO staff member will be present at the in-person meeting location.

Members of the public may, but are not obligated to, provide their names or personal information when observing or participating in the meeting. When signing into the Webex platform, participants may be asked for their name and email address. Participants who choose not to provide their names will need to provide a unique identifier such as their initials or another alternative, so that the meeting moderator can identify individuals who wish to make public comment; participants who choose not to provide their email address may utilize a fictitious email address like in the following sample format: XXXXXX@mailinator.com.

To avoid lack of access due to potential technical difficulties, please consider submitting written comments via email prior to the meeting: optometry@dca.ca.gov.

Action may be taken on any item on the agenda.

1. Call to Order/Roll Call/Establishment of a Quorum

2. Public Comment for Items Not on the Agenda

Note: The committee may not discuss or take action on any matter raised during this public comment section, except to decide whether to place the matter on the agenda of a future meeting. (Government Code § [11125](#), § [11125.3](#), § [11125.7\(a\)](#).)

**3. Discussion and Possible Action on the Practice and Education Committee
November 21, 2025 Draft Meeting Minutes**

**4. Discussion and Possible Action on Continuing Education Course Approval Requests
Pursuant to Title 16, California Code of Regulations, Section 1536 (LIVE AND
INTERACTIVE APPLICATIONS)**

a. HARVARD EYE ASSOCIATES – ERICA ARRINGTON

- i. Advances in Vitreoretinal Surgery

b. HELM VISION GROUP – DR. CRAIG HELM, MD

- i. Dry Eye Disease-Pathophysiology and Treatment Options

c. EYEXAM OF CALIFORNIA – KEVIN KIM

- i. EECA Ophthalmology Medical Update - December 2 2025

d. KAISER PERMANENTE – DR. ALISHA TRUONG, OD

- i. Light Adjustable Lens

e. ASIAN AMERICAN OPTOMETRIC SOCIETY – DR. JOHN LEE, OD

- i. Beyond Glaucoma: Recognizing Mimickers in Clinical Practice
- ii. When Nature Calls - Evidence-Based Use of Nutraceuticals and Environmental Behaviors in GL

f. HARVARD EYE ASSOCIATES – ERICA ARRINGTON

- i. Geographic Atrophy

g. MACULA AND RETINA INSTITUTE - JESSICA AVETISJAN

- i. Management of Diabetic Retinopathy

h. HARVARD EYE ASSOCIATES – ERICA ARRINGTON

- i. Diseases of the Vitreoretinal Interface

i. HARVARD EYE ASSOCIATES – ERICA ARRINGTON

- i. Dry Eye Toolbox 2025: New Therapies, Procedures, and Cryopreserved Amniotic Membrane (CAM)

- j. HARVARD EYE ASSOCIATES – ERICA ARRINGTON**
 - i. Beyond Keratoconus: New Horizons in Corneal Cross-Linking
- k. HARVARD EYE ASSOCIATES – ERICA ARRINGTON**
 - i. Happy Vision in Patients with Concurrent Glaucoma and Cataract
- l. HARVARD EYE ASSOCIATES – ERICA ARRINGTON**
 - i. Retinal Vascular Diseases Associated with Cardiovascular Disease
- m. HARVARD EYE ASSOCIATES – ERICA ARRINGTON**
 - i. The Color Pallets of Glaucoma
- n. HARVARD EYE ASSOCIATES – ERICA ARRINGTON**
 - i. Helping Glaucoma Patients with Dry Eyes

5. Future Agenda Items

6. Adjournment

The mission of the [California State Board of Optometry](#) is to protect the health and safety of California consumers through licensing, registration, education, and regulation of the practice of Optometry and Opticianry.

Action may be taken on any item on the agenda. Items may be taken out of order to accommodate speakers or to maintain a quorum. Meetings of the California State Board of Optometry and its committees are open to the public except when specifically noticed otherwise in accordance with the Bagley-Keene Open Meeting Act. Public comments will generally be taken on agenda items at the time the specific item is raised. Please respect time limits, which the Chairperson may request on an as-needed basis to accommodate all interested speakers and the full agenda.

The meeting is accessible to persons with disabilities. To request disability-related accommodations, use the contact information below. Please submit your request at least five (5) business days before the meeting to help ensure the availability of the accommodation.

Contact Person: Erica Bautista
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<https://www.optometry.ca.gov/>
https://www.dca.ca.gov/about_us/eventcal.shtml