

#### STATE BOARD OF OPTOMETRY

2450 DEL PASO ROAD, SUITE 105, SACRAMENTO, CA 95834 P (916) 575-7170 F (916) 575-7292 www.optometry .ca.gov



## Continuing Education Course Approval Checklist

Title:
Provider Name:
<ul><li>☑ Completed Application</li><li>Open to all Optometrists?</li><li>☑ Yes</li><li>☑ No</li><li>Maintain Record Agreement? ☑ Yes</li></ul>
☑Correct Application Fee
☑ Detailed Course Summary
☑ Detailed Course Outline
☑ PowerPoint and/or other Presentation Materials
☑Advertising (optional)
☑CV for EACH Course Instructor
<ul> <li>☑ License Verification for Each Course Instructor         Disciplinary History? ☑ Yes □ No</li> <li>Letter of Public Reprimand attached</li> </ul>



# ASIAN AMERICAN OPTOMETRIC SOCIETY PRESENTS

# 2017 Spring Education Symposium

Sheraton Cerritos Hotel - 12725 Center Ct Dr S, Cerritos, CA 90703 Sunday, April 2, 2017

# **5 HOURS OF CONTINUING EDUCATION**

## Agenda:

8:00am - 8:10am

Welcome

Andy Kongsakul, O.D.

President, AAOS

8:10am - 9:00am

(1 Hour CE)

10 LASIK Myth Busters

SMILE - Small Incision Lenticule Extraction

Tom Tooma, MD, NVision Eye Centers

9:00am - 9:20am

(20 min)

Break

9:20am - 11:00am

(2 Hours CE)

**Topography Guided LASIK** 

Franklin Lusby, MD, NVision Eye Centers

**Choosing Premium Lenses in Highly Aberrated Corneas** 

**Understanding New Extended Depth of Focus IOLs** 

Sheri Rowen, MD, NVision Eve Centers

11:00pm - 11:20pm

(20 min)

Break

11:20am - 12:10pm

(1 Hour CE)

An Introduction to Fundus Auto-Fluorescence (FAF)

Raman Bhakhri, OD, Marshall B Ketchum University

12:10pm - 1:00pm

(1 Hour CE)

Updates on Hydroxychloroquine Retinpathy

Tina Zheng, OD, Marshall B Ketchum University



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CONTINUING EDUCATION COURSE

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ing and	Board Use Only	<del>y</del>
yor ID	Beneficiary ID	Amount

## \$50 Mandatory Fee

Pursuant to California Code of Regulations (CCR) § 1536, the Board will approve continuing education (CE) courses after receiving the applicable fee, the requested information below and it has been determined that the course meets criteria specified in CCR § 1536(g).

**APPLICATION** 

In addition to the information requested below, please attach a copy of the course schedule, a detailed course outline and

presentation materials (e.g., FowerFoint presentation). Appresentation date.  Please type or print clearly.	inications must be submitted 45 days prior to the course			
Course Title	Course Presentation Date			
SMILE – Small Incision Lenticule Extraction	0 4 /0 2 /2 0 1 7			
Course Provider	Contact Information			
Provider Name	onidot information			
John Lee	Howard			
(First) Provider Mailing Address	(Last) (Middle)			
Street 2575 Yorba Linda Bly City Fullerton	State CA zip 92831			
Provider Email Address jlee@ketchum.edu				
Will the proposed course be open to all California licensed optometrists?				
Do you agree to maintain and furnish to the Board and/or attending licensee such records of course content and attendance as the Board requires, for a period of at least three years from the date of course presentation? ✓ YES □ NO				
Course Instructor Information  Please provide the information below and attach the curriculum vitae for <u>each</u> instructor or lecturer involved in the course.  If there are more instructors in the course, please provide the requested information on a separate sheet of paper.				
Instructor Name				
Tom Tooma				
(First) (L	_ast) (Middle)			
License Number 42262	License Type Physician and Surgeon			
Phone Number (949) 274-4652	Email Address tom.tooma@nvisioncenters.cc			
I declare under penalty of perjury under the laws of the State of California that all the information submitted on				
this form and on any accompanying attachments submitted is true and correct.  2/14/2017				
ignature of Gourse Provider Date				

Form CE-01, Rev. 5/16

#### SUMMARY - SMILE

#### Tom Tooma, MD

According to the American Academy of Ophthalmology, small incision lenticule extraction (SMILE) is a relatively new refractive procedure designed to treat a multitude of refractive errors such as myopia, hyperopia, presbyopia, and astigmatism. The procedure involves using a femtosecond laser to create a corneal lenticule which is extracted whole through a small incision without the use of an excrimer laser. It is reported to achieve effects similar to laser-assisted in situ keratomileusis (LASIK) with excellent post-operative outcomes. It has faster recovery of post-op dry eye, reinnervation of corneal nerves and potential biomechanical advantages. The procedure began in September 2011 in Europe, China and India with clinical trials commencing in the United States in June 2012. The DFA expanded clinical trials and at least 255 patients have been treated. This lecture will cover this new procedure in terms of technical procedures, research results and its comparison to its success relative to LASIK.



Presenter - Tom Tooma, MD

Course Title - SMILE - small incision lenticule extraction

Course Outline -

Intrastromal surgery without a flap

TREATMENT OF MYOPIA
Sphere up to -10.00D
Cyl <0.50D
Stable refraction
22 year old and older
Optical zone of 6.0 to 6.5mm
Subject Demographics
n = 315

Age and Preoperative Refraction

n = 315

Postoperative Refraction

7 Days and 1 Month

Postoperative Refraction

3 Months and 6 Months

Postoperative Refraction

9 Months and 12 Months

Manifest Refraction Spherical Equivalent Predictability (in Diopters) at 7 Days

Attempted vs Achieved

Manifest Refraction Spherical Equivalent Predictability (in Diopters) at 1 Month

Attempted vs Achieved

Manifest Refraction Spherical Equivalent Predictability (in Diopters) at 3 Months

Attempted vs Achieved

Manifest Refraction Spherical Equivalent Predictability (in Diopters) at 6 Months

Attempted vs Achieved

Manifest Refraction Spherical Equivalent Predictability (in Diopters) at 9 Months

Attempted vs Achieved

Manifest Refraction Spherical Equivalent Predictability (in Diopters) at 12 Months

Attempted vs Achieved

Efficacy

Manifest Refraction Spherical Equivalent Outcome Percent Within Attempted

Efficacv

Uncorrected Visual Acuity (ETDRS)



Efficacy

Uncorrected Visual Acuity (ETDRS)

Safety

Change in Best Spectacle Corrected

Visual Acuity (ETDRS)

**Operative Events** 

Adverse Events

**DATA SUMMARY** 

318 eyes treated

94% at 9 months within +/-0.50D

82% at 9 months within +/-0.25D

93% >20/20 at 9 months UCVA

SMILE - POTENTIAL ADVANTAGES

2-4mm incision

Bowman's layer mostly intact

Different set of potential complications

Journal of Refractive Surgery

2014;30(9):590-596

Ganesh and Gupta

Bangalore, India

Smile vs Lasik

100 eyes in each group

Matched for SE, schirmer 1+2, TBUT, Tear Osmolarity, Contrast sensitivity, RMS HOA total

Smile vs Lasik

UCVA day 1 and 3 months same with lasik and Smile - 96%

Smile vs Lasik

HOA and Contrast better with Smile

Schirmer+TBUT+Osmolarity

Slightly better with Smile

Lasik/Smile considerations

Stroma hydration

Lasik/Smile considerations

Anterior stromal nerve plexus

correction of astigmatism/hyperopia

Recovery of vision

FDA approval

Mechanical stability

Lasik/Smile considerations

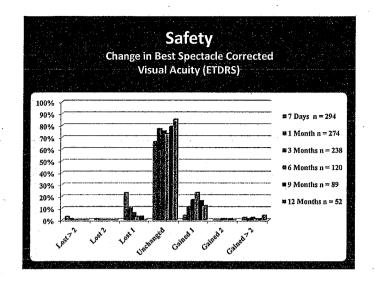
Centering the 'ablation'

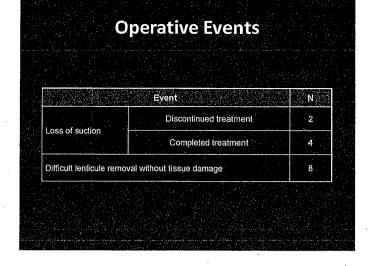
Suction loss

Optical zone size



Custom ablations
Visual recovery
Presbyopia
Retreatment options
SMILE
PROMISING TECHNIQUE
125,000 PROCEDURES PERFORMED





# Adverse Events Event N Difficult lenticule removal with tissue damage 2 Perforated cap 1 Retained tissue 2 Viral conjunctivitis 1 Pain at 6 months or later 1

318 eyes treated
94% at 9 months within +/-0.50D
82% at 9 months within +/-0.25D
93% >20/20 at 9 months UCVA

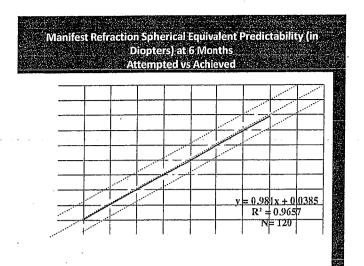
**DATA SUMMARY** 

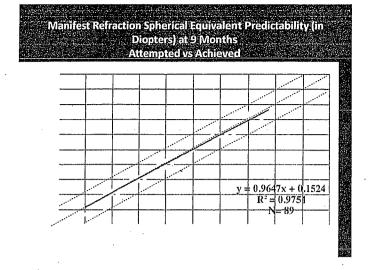
SMILE – POTENTIAL ADVANTAGES

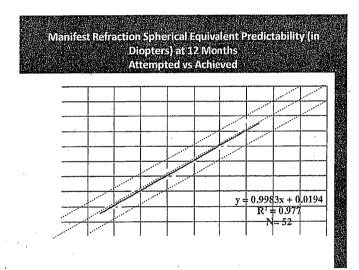
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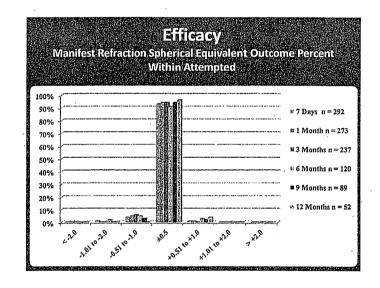
Journal of Refractive Surgery 2014;30(9):590-596

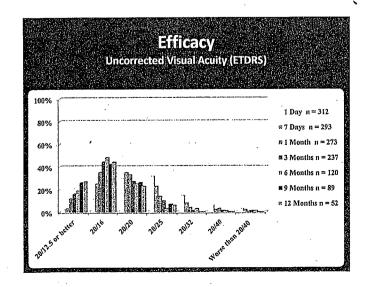
Ganesh and Gupta Bangalore, India

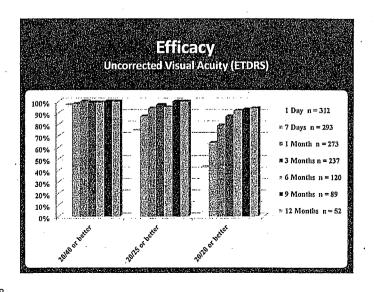


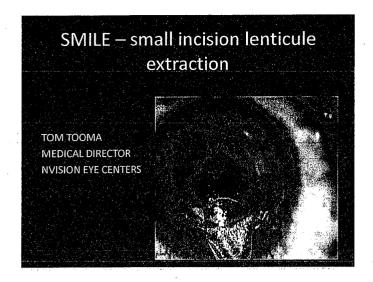


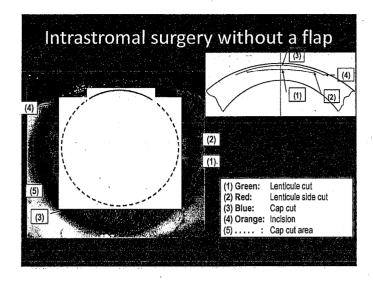


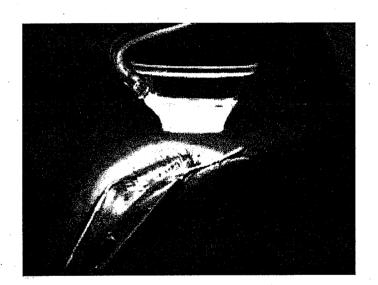












# TREATMENT OF MYOPIA

Sphere up to -10.00D

Cyl <0.50D

Stable refraction

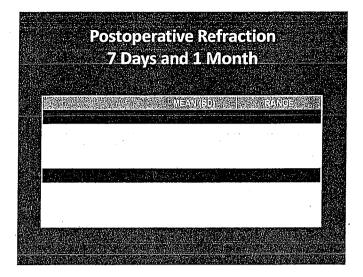
22 year old and older
Optical zone of 6.0 to 6.5mm

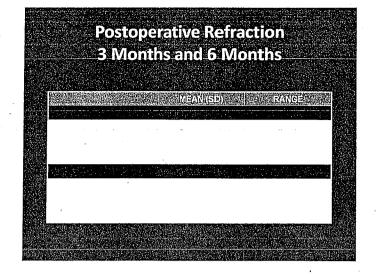
# Subject Demographics n = 315

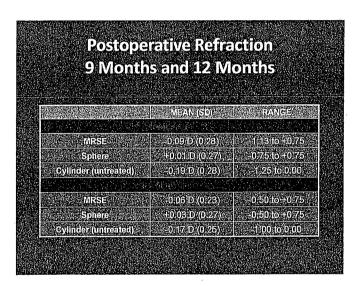
	п	Percent
	r suffer	
Male	135	42.9
Female	180	57.1
	trans la visso.	
Right	144	45.7
Left	171	54.3

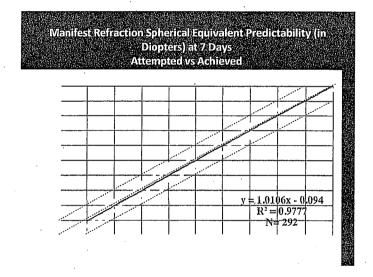
# Age and Preoperative Refraction n = 315

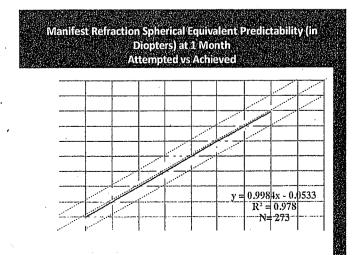
	MEAN (SD)	RANGE
Age	33 yrs (8)	22 to 58 yrs
MRSE	-4.66 D (2.09)	-1.00 to -10.25
Sphere	-4.56 D (2.09)	-1.00 to -10.00
Cylinder (untreated)	-0.19 D (0.20)	0.00 to -0.50

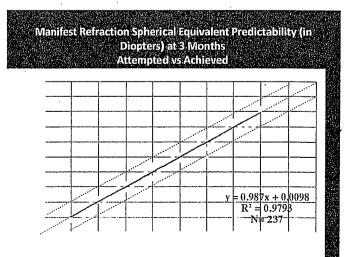












## Smile vs Lasik

100 eyes in each group
Matched for SE, schirmer 1+2, TBUT,
Tear Osmolarity, Contrast sensitivity,
RMS HOA total

## Smile vs Lasik

UCVA day 1 and 3 months same with lasik and Smile – 96%

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HOA and Contrast better with Smile Schirmer+TBUT+Osmolarity Slightly better with Smile

# Lasik/Smile considerations

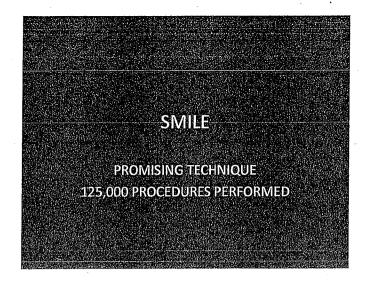
Stroma hydration

# Lasik/Smile considerations

Anterior stromal nerve plexus correction of astigmatism/hyperopia Recovery of vision
FDA approval
Mechanical stability

# Lasik/Smile considerations

Centering the 'ablation'
Suction loss
Optical zone size
Custom ablations
Visual recovery
Presbyopia
Retreatment options



NVISION

# Dr. Tom Tooma

**Medical Director NVISION Laser Eye Centers** 



Dr. Tooma has performed more than 100,000 LASIK procedures and believes that laser vision correction at NVISION is as safe as it can be. In fact, he has performed LASIK surgery on hundreds of doctors, including 250 eye doctors. That's why NVISION and Dr. Tooma are The Eye Doctors' #1 Choice for their eyes and their patients' eyes. Dr. Tooma believes that the combination of experience and technology gives NVISIONS's patients the highest possible likelihood of achieving 20/20 or better vision through LASIK procedures.

A pioneer in the world of LASIK surgery, Dr. Tooma has been a principal investigator in the field of laser vision correction since 1993. He helped several excimer laser manufacturers obtain FDA approvals for their lasers in the United States. He holds the record for many firsts: he was the first doctor in California to perform LASIK surgery and was the first to perform custom Wavefront-guided LASIK. He was also the first in the U.S. to use the FemtoSecond Laser (IntraLase FS30 – bladeless all laser LASIK), which is safer and more precise than a traditional blade.

In 2010, Dr. Tooma purchased TLC's interest in the 8 Southern California locations and formed NVISION Laser Eye Centers. At NVISION, Dr. Tooma provides his patients with a lifetime commitment, giving them the assurance that if they need any enhancement surgeries in the future, they can be performed at any NVISION center, for life and at no cost.

Dr. Tooma received his M.D. from Loma Linda University School of Medicine, where he also completed his internship in internal medicine and residency in ophthalmology. He completed his fellowship in Corneal and Refractive Surgery at the Emory University Department of Ophthalmology in Atlanta, Georgia. He has been board certified in ophthalmology for more than 25 years.

For Dr. Tooma, helping patients achieve their vision goals is his passion. "I feel privileged and blessed to participate in what is a life-changing experience for my patients," he said.

In his spare time, Dr. Tooma has served on medical teaching missions to Romania, Bulgaria, China and Fiji, helping teach local ophthalmology doctors new surgical techniques. In 2008, he and his wife, Marta Tooma, D.D.S., founded the Mission at Natuvu Creek in Fiji. The Mission serves the 250,000 people living on the island, with medical, dental and eye care provided by visiting physicians, including the Toomas.

1-877-91-NVISION | NVISIONCenters.com

# Viletion

#### Education

1975 B.S. in Biochemistry, Magna Cum Laude, Loma Linda University

1979 M.D., Loma Linda University School of Medicine

#### **Professional Training**

1980 Internship in internal medicine, Loma Linda University Medical Center

1983 Completed a residency in ophthalmology, Loma Linda University

Department of Ophthalmology

#### **Fellowships**

1984 Fellow in Corneal Surgery & External Disease, Emory University Department of Ophthalmology, Atlanta, GA

#### **Board Certification**

1984 American Board of Ophthalmology

#### Professional Affiliations

- American Society of Cataract & Refractive Surgery
- International Society of Refractive Surgery
- · Castroviejo Corneal Society
- American Academy of Ophthalmology
- And many others

#### University & Hospital Positions

- · Chief, Department of Ophthalmology, Loma Linda University Community Hospital
- Director of Cornea Service, Department of Ophthalmology, Loma Linda University
- Director of Refractive Surgery, Department of Ophthalmology, Loma Linda University

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# Medical Doctor Curriculum Vitae

As of July 17, 2015

## Thomas Tooma, MD

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# MEDICAL BOARD OF CALIFORNIA

#### **Executive Office**



January 31, 2011

Tom S. Tooma, M.D. 3501 S. Jamboree Road, Suite 1100 Newport Beach, CA 92660

RE: Physician's and Surgeon's Certificate No. G 42262

Case No. 04-2008-195312

## Public Letter of Reprimand

An investigation by the Medical Board of California revealed you failed to document a preoperative examination and develop a surgical plan before meeting with a patient.

These actions constitute a violation of Business and Professions Code 2266.

Pursuant to the authority of the California Business and Professions Code section 2233, you are hereby issued this Public Letter of Reprimand by the Medical Board of California.

Linda K. Whitney Executive Director