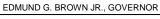


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Continuing Education Course Approval Checklist

Title:

Provider Name:

✓ Completed Application
 Open to all Optometrists?
 ✓ Yes
 ✓ No
 Maintain Record Agreement?
 ✓ Yes
 ✓ No

Correct Application Fee

Detailed Course Summary

Detailed Course Outline

PowerPoint and/or other Presentation Materials

□Advertising (optional)

 $\ensuremath{\boxtimes}\xspace{\mathsf{CV}}$ for EACH Course Instructor

☑License Verification for Each Course Instructor Disciplinary History? □Yes ☑No

GOVERNOR EDMUND G. BROWN JR.



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CONTINUING EDUCATION COURSE APPROVAL APPLICATION FEES PAID

\$50 Mandatory Fee

Pursuant to California Code of Regulations (CCR) § 1536, the Board will approve continuing education (CE) courses after receiving the applicable fee, the requested information below and it has been determined that the course meets criteria specified in CCR § 1536(g).

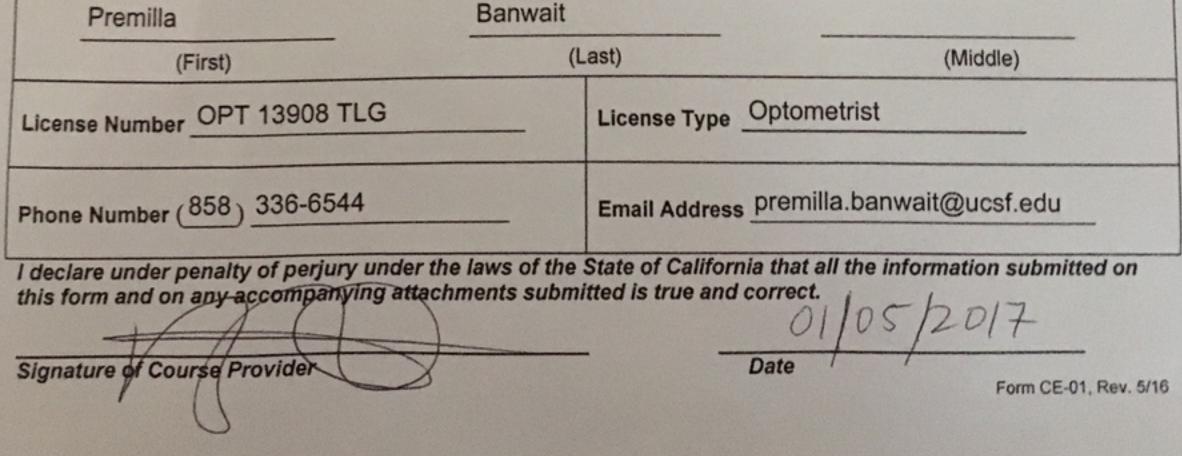
In addition to the information requested below, please attach a copy of the course schedule, a detailed course outline and presentation materials (e.g., PowerPoint presentation). Applications must be submitted 45 days prior to the course presentation date.

Please type or print clearly.

Course Title	Course Presentation Date				
Anterior Segment Problems in the Pediatric P	02/05/2017				
Course Provider Contact Information					

Provider Name	Course Provider Contactin	inerinducti					
Premilla	Banwait						
(First)	(Last)		(Middle)			(Middle)	
Provider Mailing Address	Dr. Jane Kuo is the provider						
Street 130 Norwood Ct.	Jane.Kuo@ucsf.edu City Kensington	_ State CA zip 94707					
Provider Email Address prem	illa.banwait@ucsf.edu		_				
Will the proposed course be open to all California licensed optometrists?							
Do you agree to maintain and furnish to the Board and/or attending licensee such records of course content and attendance as the Board requires, for a period of at least three years from the date of course presentation?			YES INO				
Please provide the information b	Course Instructor Infor elow and attach the curriculum vitae f ne course, please provide the request	or each instructor or lecturer in	nvolved in the course. heet of paper.				

Instructor Name



Title: Anterior Segment Problems in the Pediatric Patient

Presenter: Premilla Banwait, FAAO OD

Summary:

Evaluating and managing the pediatric patient for anterior segment problems can be challenging. This course will review how to perform an anterior segment history and examination for specific problems ranging from lid disease to uveitis. We will discuss what can be managed in office along with current treatment options. The ability to effectively manage and treat the younger population will assist in preventing long-term vision and ocular health disorders.

Outline:

Anterior Segment Problems in the Pediatric Patient: UCSF Optometry: A day of CE February 5, 2017

Objectives:

I. How to perform an anterior segment history and examination for the pediatric patient

II. Determining what anterior segment signs may need to be referred and what the primary optometric provider can manage in office

III. Management and treatment of anterior segment problems in the pediatric patient

A. The Pediatric Patient

1. History

2. Anterior Segment Examination

B. Anterior Segment Problems

1. Lids

a. Chalazion

- i. Symptoms/Signs
- ii. Etiology
 - iii. Management –surgery
- b. Hemangioma
 - i. Symptoms/Signs
 - ii. Etiology
 - iii. Management
 - 1. Laser treatment
 - 2. Propanolol

c. Ptosis

- i. Symptoms/Signs
- ii. Etiology
- iii. Management
- 1. Surgery
- d. Dermoid
 - i. Symptoms/Signs
 - ii. Etiology
 - iii. Management
 - 1. Surgery
- 2. Conjunctiva
 - a. Staphyloccal Blepharoconjunctivitis
 - i. Symptoms/Signs
 - ii. Etiology
 - iii. Management
 - b. Allergic/Vernal conjunctivitis

- i. Symptoms/Signs ii. Etiology
- iii. Management

3. Cornea

- a. Glaucoma
 - i. Symptoms/Signs
- b. Foreign body
 - i. Symptoms/Signs
 - ii. Etiology
 - iii. Management
- c. Abrasions
 - ii. Etiology
 - iii. Management
- d. Herpes Simplex
 - i. Symptoms/Signs
 - ii. Etiology
 - iii. Management

4. Lens

- a. Congenital cataracts
 - i. Symptoms/Signs
 - ii. Etiology
 - iii. Management
- b. Aphakia
 - i. Intraocular lenses vs. Contact lenses
- c. Contact Lenses i. Fitting infants and young children

5. Iris

- a. Uveitis (Iritis)
 - i. Symptoms/Signs
 - ii. Etiology
 - iii. Management
 - 1. Referral to specialists
- b. Persistent Pupillary Membrane
 - i. Symptoms/Signs
 - ii. Etiology
 - iii. Management

6. Other

- a. Nasolacrimal duct occlusion
 - i. Symptoms/Signs
 - ii. Etiology
 - iii. Management
- b. Molluscum Contagiosum
 - i. Symptoms/Signs

ii. Etiology

- iii. Management
- c. Ruptured globe/laceration
 - i. Symptoms/Signs
 - ii. Etiology
 - iii. Management
- 7. Additional Management Considerations
 - 1. Amblyogenic Factors
 - 2. Medications
 - a. Steroids
 - b. Oral meds
 - 3. Referrals

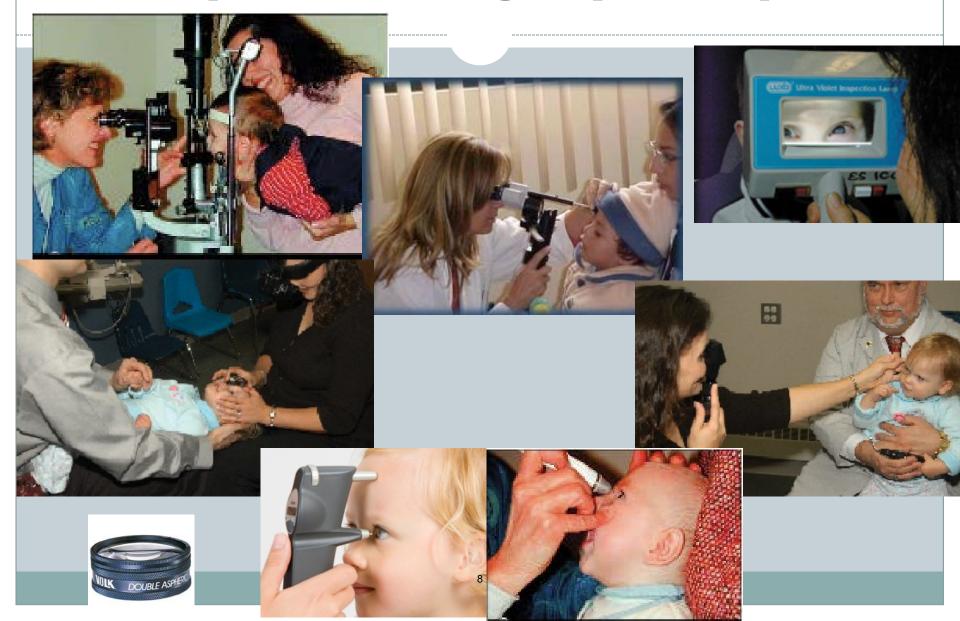
Anterior Segment Concerns in the Pediatric Patient

PREMILLA BANWAIT O.D., F.A.A.O UCSF Benioff Children's Hospital OPHTHALMOLOGY DEPARTMENT

Objectives

- 1. How to perform an anterior segment history and examination for the pediatric patient
- 2. Determining what anterior segment signs may need to be referred and what the primary optometric provider can manage in office
- 3. Management and treatment of anterior segment problems in the pediatric patient

Techniques in evaluating the pediatric patient



Diagnostic EyeDrops

Neonates (1 day- 24months):

Cyclomydril - cyclopentolate hydrochloride 0.2%, phenylephrine hydrochloride 1%

- 1 drop per eye for light irides
- 2 drops per eye for darker irides

Young Children (2-10 years):



Combination of 1%Tropicamide, 2.5%Phenylephrine, 1%Cyclopentalate and 0.5% Proparacaine

<u>Older Children (11 years and older):</u>

Combination of 1%Tropicamide, 2.5%Phenylephrine and 0.5% Proparacaine

LIDS

Chalazion

• Signs/Symptoms

- Bump on inner or outer lid
- Pain in hordeolum

• Etiology

- Inflammation of Glands of Zeiss = superficial chalazia
- Inflammation of Meibomian Glands = deep chalazia
 - × Staph blepharitis
 - × Posterior lid margin disease

- Conservative treatment/lid hygiene = 30-40 % success within 3 mos
- Intralesional triamcinolone acetonide (TA) = 80-90% success
- Incision and Cutterage (I&C) = 70-80% success
- Oral Antiobiotics





Chalazion

Treatment/Management

- Conservative treatment = 30-40 % success within 3 mos
- Topical ointments
 - × TobraDex age 2+
 - × Maxitrol age 2+
 - × AzaSite
- o Oral Antibiotics
- Incision and Cutterage (I&C) = 70-80% success
 - × Length of time
 - × Size
 - × Previously treated?

• Intralesional triamcinolone acetonide (TA) = 80-90% success



Eyelid/Orbit Hemangioma

Signs/Symptoms

- o red or purple lesion
 - × >50% of lesions evident by 1-2 months
 - × 90-100% of lesions evident by 6-8 months

• Etiology

- Benign vascular tumor occurring in infants
 - Due to abnormal growth of vascular endothelial cells

- 40-60% completely involute by age 4, 80% by age 8
- Amblyopia is seen in approximately 50% of patients with eyelid hemangioma prompt treatment needed!
 - × Intralesional steroid injection
 - Topical Steroid propanolol
 - × Oral steroid
 - × Careful surgical excision
 - × Laser





Ptosis

• Signs/Symptoms

- Droopy lid since birth that may be visually significant
- o Unilateral or bilateral

• Etiology

- Congenital
- 3rd nerve
- Congenital Horner's Syndrome

- If visually obstructive:
 - × Look for head posture
 - × Check for astigmatic refractive changes
 - × Surgical intervention if amblyogenic oculoplastics



Dermoid Cyst

• Signs/Symptoms

- Nontender, firm, partially mobile mass underlying the skin
- Along fronto-zygomatic suture

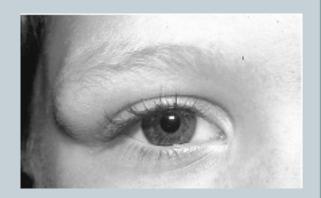
• Etiology

• Epithelial cells entrapped in the orbital bony sutures during embryonic development

Complications

- Contents of cyst are highly inflammatory
- Orbital cellulitis can occur if ruptures

- Close observation if small
- Surgically excised if large
 - × 30% to 46% of excised orbital tumors in children



CONJUNCTIVA

Staphylococcal Blepharokeratoconjunctivitis

• Signs/Symptoms

- Redness/inflammation of conjunctiva and cornea
- Photophobia and decreased VA
- Lid disease blepharitis
- Inferior vascularization, punctate staining and infiltrates

• Etiology

- Hypersensitivity response to toxic protein breakdown products of bacterial disintegration
- Recurrent inflammation

Treatment/Management

- Conservative treatment Lid scrubs/Warm compresses
- Antibiotic and steroid drops Erythromycin/Lotemax
- Combo antibiotic/steroid Tobradex, Maxitrol
- > Flaxseed Oil alternative to long-term anti-inflammatory therapy

17





Molluscum Contagiosum Conjunctivitis

Signs/Symptoms

Shiny, dome-shaped umbilicated nodules

- Chronic follicular conjunctival reaction
- Etiology
 - HSV 1 or HSV 2

- Monitor may resolve
- Surgical removal of lesions
 - Especially if causing conjunctivitis
- No topical treatment needed



Vernal Conjunctivitis

Signs/Symptoms

- Redness
- Watery clear discharge
- Chemosis of conjunctiva / lids
- Horner trantas dots along limbus
- Itching

Etiology

• Environmental allergens that can affect year-round

- Remove allergen
- Topical drops
 - × Steroid Lotemax
 - × Combination of mast cell stablizer and antihistamine Patanol, Zaditior





CORNEA

Glaucoma

Congenital

Signs/Symptoms

- Onset: Birth 12 months
- Unilateral or Bilateral
- Increased corneal diameter
- o "blue" cornea

• Etiology

• Adhesions or membrane of angle

- Topical Anti-Glaucoma meds CAIs
- Urgent surgery trabeculotomy or goniotomy



Foreign Body

• Signs/Symptoms

- Red, painful eye
- Photophobia, tearing

• Etiology

• +/- history of injury

- Removal with or without EUA
- Removal with Q-tip, anesthetic drops
- Perform DFE to rule out retinal complications
- Ensure no intraocular foreign body
- Antibiotic ointment
- Follow-up in 3-5 days





Corneal Abrasion

• Symptoms/Signs

o Red, painful eye, photophobia

• Etiology

- o +/- History of blunt trauma
- Foreign body
- o Contact Lenses

- May be visible with flourescein
- Topical antibiotic ointment
- Consider cycloplegic
- Patching is not needed; heals within 1 week



Herpes Simplex Virus

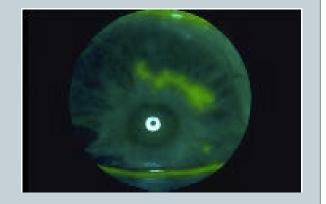
Signs/Symptoms

- Can involve lid margins vesicular lesions
- Can involve cornea and conjunctiva
- If conjunctiva red, presume corneal involvement

Etiology

• Most often HSV 1, rarely HSV 2

- Peds are prone to a more severe inflammatory reaction to HSV than are adults
 - × 50% develop reoccurrence within 1-2 years
- Never use steroid
- o Treatment with antiviral
 - × Oral Acyclovir primary therapy
 - × Viroptic adjunctive therapy
- Amblyogenic treatment
 - × 40-50% develop residual corneal scar



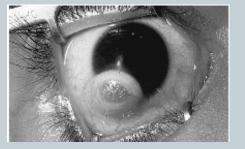
Herpes Simplex Keratitis

Reference	No. Children (No. Eyes)	Male-Female Ratio	No. Children With Bilateral Keratitis (%)	No. Eyes With Stromal Keratitis (%)	No. Children Developing Ocular Recurrence (%)
Poirier, 1980	21 (23)	NA	2 (10%)	20 (87%)	7 (33%)
Colin et al, 1982	38 (46)	0.8	8 (21%)	7 (15%)	19 (50%)
Beneish et al, 1987	5 (5)	1.5	0	5 (100%)	4 (80%)
Beigi et al, 1994	28 (31)	1.3	3 (11%)	9 (29%)	16 (57%)
Schwartz et al 2000	, 7 (7)	1.3	0	6 (86%)	4 (57%)
Chong et al 2004	23 (29)	1.1	6 (26%)	14 (48%)	11 (48%)
Overall	122 (141)	1.1	19 (16%)	61 (43%)	61 (50%)

Limbal Dermoid

• Signs/Symptoms

- white or tan nodule
- o usually along the inferotemporal quadrant
- Etiology



o congenital choristoma of the ocular surface

- Rule out Goldenhar's syndrome
- May be surgically excised to improve appearance astigmatism persists.

LENS

Congenital Cataracts

• Signs/Symptoms

- Unilateral or bilateral opacification of lens
- No red reflex seen with retinoscopy or DFE

Etiology

- Due to birth complications
- Chromosomal abnormality

- Surgical urgent within 17 months of life
- o Correction for aphakia
 - Glasses, contact lenses, IOL (early as 6 mos)
- Amblyopia treatment





Ectopia Lentis

• Signs/Symptoms

- High myopia/astigmatism
- Subluxation of lens -apparent on retinoscopy or DFE

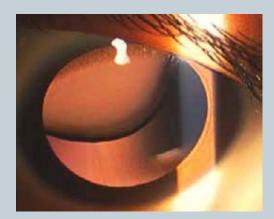
• Etiology

• Genetic condition

- × Marfan's Syndrome
- × Homocystinuria
- × Weill-Marchesani syndrome
- × Ehlers-Danlos syndrome
- o Trauma

Complications

o Glaucoma, Uveitis



Ectopia Lentis

- Refer for systemic work-up if no diagnosis established
- Check every 3-4 months especially with family history
- Check pressures
- Check for changes in refractive error
- Treat for anisometropic amblyopia
- Lensectomy performed if complications arise or unclear lens image

PUPIL/IRIS

Iris atrophic changes/Pupillary Membranes

• Signs/Symptoms

- Iris atrophy or dislocation
- May have decreased vision
- May be progressive

Etiology

- Congenital
 - × Iris coloboma
 - × Persistent pupillary membrane
 - × Corectopia
- Secondary to Trauma

- Conservative treatment for amblyopia
- Monitor for progression
- Pupilloplasty case by case basis



ANTERIOR CHAMBER

Anterior Uveitis

Symptoms/Signs

- Pain, photophobia, red eye, mildly reduced vision
- Often symptomatic especially JRA patients
- Unilateral
- Inflammation of conjunctival and episcleral vessels
- Inflammation of AC cells

• Etiology

- o Trauma
- o Autoimmune JIA
- Idiopathic

• Treatment

- Steroids, Oral immunosuppressants,
- Cycloplegics
- Have referred to Rheumatology or Pediatrician

Hyphema

Signs/Symptoms

- Blood in anterior chamber categorize by percentage of AC filled with blood
- Traumatic iritis response
- > Increased intraocular pressure

• Etiology

• Blunt trauma causing tearing of iris vessels

Complications

- Rebleeds
 - × Most likely will occur at day 3-5
- o Glaucoma
 - Sickle cell patients develop complications at much lower IOP
- Corneal Blood Staining



Hyphema

Treatment/Management

- Bed rest to avoid re-bleed
- Atropine 1% 1gtt qd keep iris immobile
- Topical steroids Pred Forte every 2 hours
- Monitor IOP
- Non-resolving may require surgical "wash out" of anterior chamber

Nasolacrimal Duct Obstruction

• Signs/Symptoms

- Onset at Birth
- o Unilateral or Bilateral
- Watery eyes
- Can be mistaken for bacterial conjunctivitis

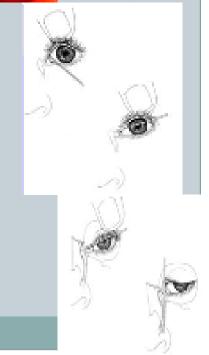
• Etiology

- Membranous adhesions of Valve of Hasner
- Anatomical abnormality of nasolacrimal duct

Treatment/Management

- Spontaneous resolution
- o Massage
- Refer for surgical probe if present at 1 year of age
- o Balloon Dacryoplasty and Tubes





Ruptured Globe/Laceration

Signs/Symptoms

• Shut, painful, red eye

Etiology

 + history of blunt force trauma

Treatment/Management

- Immediate ophthalmologic consultation
- **o** DO NOT pry open lids or pressure patch
- Protect with contact shield until ophthalmologic evaluation
- Stress no eating or drinking if transferring



Ruptured Globe/Laceration

Post-surgical treatment

- Check for significant induced astigmatism
 - × Fit with RGP lens
 - × Treat amblyopia if exists

O Unilateral aphakia

- × Fit with aphakic lens
- × Treat amblyopia if exists
 - Children between 4 mos and 3 years will develop amblyopia if visual axis is obscured or blurred for more than 2 weeks



ADDITIONAL MANAGEMENT CONSIDERATIONS

Amblyogenic Factors

 For any residual scar or opacification covering visual axis – you must PATCH!

• Patch more hours if patient is younger

• Age in years = weeks of follow-up

• Ex. Follow-up every 4 weeks in a patient who is 4 years old with a corneal scar s/p HSV keratitis

Pediatric Safe Topical Medications

Antibiotics

- Erythryomycin gtts/ung– neonates and up, 6x/day
- Tobramycin (Tobrex) gtts/ung 2+ mos, q 3hours
- Ciprofloxacin (Ciloxan) ung 2+ years
- Polytrim (Polymyxin and Trimethoprim) gtts- 2+ mos
- AzaSite (Azithromycin) gtts/ung 1+ years
- Fluroquinolone gtts 1 + years

• Allergy

• All ophthalmic allergy solutions are safe for 3+ years

Antibiotic/Steroid combo

- TobraDex gtts/ung 2+ years
- Maxitrol gtts/ung– 2+ years

• Antivirals

• Viroptic gtts – 6+ years

Safe Oral Medications

- Know appropriate dosing based on weight
 - \circ 1kg = 2.2lbs
 - \circ 1 tsp = 5ml
- Check for allergies!!!
 - Sulfa, PCN
- Consult with a local pharmacologist
- Antibiotics:
 - Amoxicillin 20-40 mg/kg/day q8h 3+mos (Preseptal Cellulitis)
 - Erythromycin- 30-50 mg/kg/day q6h neonates +
 - Tetracycline for 8+ years only
- Antivirals
 - Acylclovir 15–20 mg/kg/day for HSV 2+ years



- Manage when possible and follow-up regularly
 Always check vision!
- Refer when unsure of signs in pediatric patients
- Be familiar with location of hospitals and urgent care clinics

References

- A prospective study of cost, patient satisfaction, and outcome of treatment of chalazion by medical and nursing staff . Br J Ophthalmol 2000;84:782–785
- Castillo BV Pediatric tumors of the eye and orbit. Pediatr Clin N Am 50 (2003) 149– 172
- Patel AJ. Journal of American Association for Pediatric Ophthalmology and Strabismus Volume 8, Issue 3, June 2004, Pages 274-277
- Hug T. Dilation efficacy: is 1% cyclopentolate enough? Optometry. 2007 Mar;78(3):119-21.
- Chong EM. Herpes simplex virus keratitis in children. American Journal of Ophthalmology Volume 138, Issue 3, September 2004, Pages 474-475
- G.S. Schwartz and E.J. Holland. Oral acyclovir for the management of herpes simplex virus keratitis in children. *Ophthalmology*, **107** (2000), pp. 278–282.
- Wright KW. Pediatric Ophthalmology and Strabismus. Section V pgs 279-367. 1995 Mosby
- Coulter RA. Pediatric use of topical ophthalmic drugs. <u>Optometry. 2004</u> <u>Jul;75(7):419-29</u>

CURRICULUM VITAE

Premilla Banwait, O.D., F.A.A.O.

General and Pediatric Optometrist Department of Ophthalmology University of California San Francisco 400 Parnassus Ave San Francisco, CA 94131

PREDOCTORAL EDUCATION:

BS:	University of California San Diego, La Jolla, CA (2001-2005)
Optometry:	University of California Berkeley School of Optometry, Berkeley, CA
	(2005-2009)
Followship:	American Academy of Optometry EAAO 2010

Fellowship: American Academy of Optometry, FAAO 2010

RESIDENCY TRAINING:

Pediatric Optometry Fellowship: Children's Mercy Hospitals & Clinics, Kansas City, MO (2009-2010)

MEDICAL SCHOOL APPOINTMENTS:

2013-present University of California, San Francisco, CA 2010 – 2013 University of Colorado Denver, Aurora, CO

HOSPITAL STAFF MEMBERSHIPS:

2013- present Benioff Children's Hospital, San Francisco, CA 2013-present University of California San Francisco, San Francisco, CA 2013- present San Francisco General Hospital, San Francisco, CA 2010 - 2013 University of Colorado Hospital, Aurora, CO 2010 - 2013 The Children's Hospital, Aurora, CO

PROFESSIONAL/ COMMUNITY SOCIETIES:

American Academy of Optometry (AAO/SAAO) American Optometric Association and Colorado Optometric Association (AOA)

LICENSES:

California Optometry License # OPT 13908 TLG Colorado Optometry License # OPT-2805

ADDITIONAL CLINICAL EXPERIENCE

Walmart Vision Center, Kansas City, Missouri 07/09 - 07/10

ACMC community clinic rotation, Oakland, California 03/09-05/09

San Francisco State University, San Francisco, California 03/09-05/09

San Francisco Veterans Affair Hospital rotation, San Francisco, California 1/09-03/09

Castle Eye center rotation, Atwater, California 08/08-10/08

PUBLICATIONS:

1. Quina LA, Pak W, Lanier J, **Banwait P**, Gratwick K, Liu Y, Velasquez T, O'Leary DD, Goulding M, Turner EE, Brn3a- expressing retinal ganglion cells project specifically to thalamocortical and collicular visual pathways. *J Neurosci* 2005 Dec 14;25(50):11595-604.

PRESENTATIONS:

- 1. "Anti-VEGF Drugs for AMD" Fall I 2007 Primary Care Clinic
- 2. "Nikon Eyewear: Spring II 2008 Eyewear Presentation
- 3. "My Eyes are Red and Itchy!", Spring II 2008 Primary Care Clinic
- 4. "Hemorrhages of the Posterior Pole and Optic Disc" Spring II 2008 Primary Care Clinic
- 5. "RAPD and Amblyopia" Summer 2008 Binocular Vision Clinic
- 6. "Uveitis" Summer 2008 Primary Care Clinic
- 7. "X-linked Juvenile Retinoschisis" Fall 2008 Low Vision Clinic
- 8. "Lamellar Hole vs. Pseudomacular Hole" Spring 2008 San Francisco VA Medical Center, San Francisco, CA
- 9. "Contact Lens Care" Spring 2008, San Francisco State University Eye Clinic, San Francisco, CA
- 10. "When is Surgery Indicated for Strabismus and Motility Disorders", University of Missouri St. Louis Residents Day, October 2009.
- 11. "Red Eye for the Primary Care Practitioner" May 2011 and September 2011 Boulder Community Hospital. Boulder, CO
- 12. "Red Eye in the Pediatric Patient" November 2011 Denver Metro Optometric Society COA, Denver, CO
- 13. "Pediatric Vision and refraction" –UCSF residents lecture October 2013 and 2014
- 14. Optometrist lecture series- high schools in Oakland Unified School District 2016

ABSTRACTS/POSTERS:

- 1. Refractive Surgery and the Pediatric Patient, **Banwait P**, Poster presented at American Academy of Optometry, 2009.
- 2. Staphylococcus Hypersensitivity Keratitis Associated with Impetigo of the Lid margins", **Banwait P**, SECO 2010 Multimedia Poster Session.
- 3. Comparison of Corneal Thickness Change in Pediatric Unilateral Aphakes Wearing Hydrogel and Silicone Hydrogel Soft Contact Lenses, **Banwait P**, Poster Presented at American Academy of Optometry, 2010.

RESEARCH:

- Research Assistant Retinal nerve research on knockout mice to determine neuron projection dependence on colocalization of genes, Turner Neuroscience Lab, University of California San Diego, La Jolla CA. 09/2003-07/2005.
- Histologist Determining neural organization of visual pathways of the feline brain. Freeman Neuroscience Lab, University of California Berkeley School of Optometry, 10/2006-05/2007.
- Clinical Research Comparison of Corneal Thickness Change in Pediatric Aphakes Wearing Hydrogel and Silicone Hydrogel Contact Lenses, Children's Mercy Hospital, 11/2009-07/2010.