You put together the perfect costume: coal-black hair, ghoulish-white makeup, blood-red lips, all-black clothes. Then the final touch: contacts for the dreamy, golden amber vampire eyes.

Specialty contacts can make your costume perfect. They can even be a costume by themselves. But you can't get contacts (even non-corrective ones) without a prescription. That's the law.

You need an eye doctor to examine your eyes and write a prescription for contacts that fit your eyes. The doctor will also show you how to use and care for your contacts.

If you put non-prescription contacts in your eyes, your Halloween celebration can turn into a real nightmare.

Contacts sold without a prescription at flea markets, costume shops, beauty salons, online, and other places can damage your eyes. You could end up with:

- Irritation and pain
- Infection
- Scratched cornea
- Impaired vision
- Loss of eyesight

Buy your Halloween contact lenses from a licensed eye care professional (optometrist, an ophthalmologist, or a registered dispensing optician), or buy them from a reputable online vendor who requires a prescription. If you wear contacts now, ask your eye doctor for a copy of your current prescription.

TO VERIFY A LICENSED OPTOMETRIST, CONTACT:

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SACRAMENTO, CA 95834
(916) 575-7170  www.optometry.ca.gov